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LONG BEACH RECREATION IN COOPERATION WITH GO RIN DOJO JUDO CLUB

for grades 4 through 8

First come, first served. 20 Maximum in class

Start Date: January 23, 2017

REGISTRATION: **LONG BEACH RECREATION CENTER**
700 MAGNOLIA BLVD
431-3890

FEE: **\$65.00 for Eight (8) Week Program**
Checks or money orders made payable to City of Long Beach
Cash also accepted.

Name _____ **Grade** _____ **DOB** _____

Address _____ **Phone** _____

Parent Name _____ **E-Mail** _____

Emergency Name _____ **Emergency Phone** _____

School Attending _____

I, the parent or guardian of the below named child, give permission and approval for his/her participation in the Long Beach Parks and Recreation Department's Go Rin Dojo Judo Club Program. I fully understand that my child must abide by all the Rules and Regulations set forth by the Parks and Recreation Department and further agree to explain to my child the Codes of Conduct set forth by the Long Beach Parks and Recreation Department. I also agree to follow those rules that apply to me as a parent and spectator. The Codes of Conduct can be found on the web at www.longbeachny.gov/rec. I hereby authorize and give full consent to the City of Long Beach to use and or publish photographs or video in which my child may appear while participating in Parks and Recreation programs and grant permission for publication or use of those images.

I understand that payment is non-transferable and non-refundable. Parent Signature _____

For Rec Staff Use:

Receipt # _____ Amount Paid \$ _____ Proof of Age _____ Date _____ Staff _____

CITY OF LONG BEACH
Parks and Recreation Department

ELIGIBILITY REQUIREMENTS FOR GO RIN DOJO JUDO CLUB

1. Children residing in the Long Beach City School District and/or attending Long Beach Schools are eligible to enroll in the Go Rin Dojo Judo Club Program beginning December 15.
2. Registration begins for Non-Residents on December 26.
3. A \$5 late registration fee may be added for anyone registering after February 3.
4. Competition and recreation Judo is open to boys and girls in grade 4 through 8.
5. Monday dates are January 23 and 30, February 6, 13 and 27 and March 6, 13 and 20.
6. There are a limited number of loaner Judo practice uniforms available. All students should eventually obtain their own Judo practice uniform.

Judo Classes Will Be Held

ALL classes will meet eight (8) times

Class will meet on Mondays from 6:00 – 7:30 p. m.

**Classes will be held at Long Beach Ice Arena (2nd Floor)
150 W. Bay Drive**

Attire: Full length sweat pants & sweat shirts for first class

Class WILL INCLUDE

Throwing

Mat Holds

Falling Protection

Focus

Self-Control

Self Defense

Local, Regional and National Competitions

Judo focuses on controlling larger and stronger players. You don't have to be a great athlete to succeed in Judo. You will learn to use your own strength and skills to become proficient and earn belt ranks.